

*Asperger's in Love: Couple Relationships and Family Affairs*

- By Maxine Aston
- The author examines how an Asperger syndrome diagnosis impacts relationships.
- 2003

*Autism for Adults: An Approachable Guide to Living Excellently on the Spectrum*

- By Daniel Jones
- The author speaks from personal experience to provide advice for adults who are living on the spectrum.
- 2023

*The Autistic Brain*

- By Temple Grandin
- The animal rights proponent and advocate for those with autism describes her experiences as an autistic person and insight into the science of autism.
- 2014

*The Electricity of Every Living Thing: A Woman's Walk in the Wild to Find Her Way Home*

- By Katherine May
- A woman discovers as an adult that she is autistic and shares her journey.
- 2021

*I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults*

- By Cynthia Kim
- This book provides guidance for adults who think they may have undiagnosed autism, including first steps to take and how to live with a diagnosis later in life.
- 2013

*Look Me in the Eye: My Life with Asperger's*

- By John Elder Robison
- A man shares his journey of being different before being diagnosed with Asperger's syndrome at 40 years old.
- 2007

*Neurotribes: The Legacy of Autism and the Future of Neurodiversity*

- By Steve Silberman
- This bestselling book explores the history of autism and how to create a more inclusive world.
- 2016

*The Reason I Jump: The Inner Voice of a Thirteen-Year-Old Boy with Autism*

- By Naoki Higashida

- The acclaimed and groundbreaking memoir that helps readers to understand the autistic mind.
- 2013

*Uniquely Human: A Different Way of Seeing Autism*

- By Barry M. Prizant
- This critical book challenges us to shift from trying to “fix” autism to embracing what makes those who are diagnosed unique.
- 2022

*Unmasking Autism*

- By Devon Price
- This book helps to uncover the layers of autism and guides adults on how to discover themselves throughout their journey.
- 2022